

# HSER 240 : Introduction to Motivational Interviewing

Introduces the theoretical and practical skills of Motivational Interviewing including the identification and development of skills and strategies across diverse practice contexts and populations.

**Credits** 3

**Lecture Hours** 45

**Teaching Equivalent** 3.00

**Designation**

DS

**Prerequisites**

HSER 140 with grade C or better, or consent.