

NURS 210T : Health Promotion Across the Life Span

Focuses on identifying needs of the total person across the life-span in a wellness/health promotion model of care. Introduces the role of the nurse, nursing code of ethics, and the nursing process with emphasis on learning self-health and client health practices. To support self and client health practices, students learn to access research evidence about healthy lifestyle patterns and risk factors for disease/illness, apply growth and development theory, interview clients in a culturally sensitive manner, and work as members of a multidisciplinary team utilizing reflective thinking and self-analysis. (Letter grade only.)

Credits 3

Lecture Hours 45

Teaching Equivalent 3.00

Prerequisites

Admission to the Nursing Program.

Corequisite Courses

[NURS 210C: Health Promotion Across the Life Span Clinical](#)

[NURS 210L: Health Promotion Across the Life Span](#)