

HSER 140 : Individual Counseling

Provides an introduction to counseling skills and theory. Learners will practice interviewing and micro-skills through role-plays and be exposed to theories of counseling, assessment, and intervention, as well as ethical guidelines for work in the field of human services and the helping professions.

Credits 3

Lecture Hours 45

Teaching Equivalent 3.00

Recommended Prep

HSER 101 or HSER 110.

Prerequisites

ENG 22 with grade C or better, or placement at ENG 100, or consent.