

FSHN 185 : Food Science and Human Nutrition

Integrates natural science concepts basic to the study of human nutrition. Emphasizes nutrient requirements of healthy individuals, nutrient categories and characteristics, physiological functions, and food sources. Includes review and adaptation of dietary practices to reflect current nutritional issues.

Credits 3

Lecture Hours 45

Teaching Equivalent 3.00

Designation

DB

Prerequisites

ENG 22 with grade C or better, or placement at ENG 100, or consent.