

# CHW 135 : Health Promotion/Disease Prevention

Explores the role Community Health Workers play in health promotion and disease prevention. Introduces the major causes of premature mortality and morbidity, behavioral and environmental contributions to illness and injury, and strategies for promoting health, wellness and risk reduction. Provides opportunities to practice developing and teaching health promotion/ disease prevention classes.

**Credits** 3

**Lecture Hours** 45

**Teaching Equivalent** 3.00

**Prerequisites**

HSER 101 with grade C or better, or consent.